



Taekwondo Australia Inc.

Level 0 (Development) Course Component: *General Coaching Principles Course*

Becoming an Assistant Coach:

The Beginning Coaching General Principles course is the first step towards your Taekwondo Australia Level 0 (Development) Assistant Coach Certification.

Introduction:

The Australian Sports Commission has released a new online course for beginner coaches. The *Beginning Coaching General Principles* online course has been developed to assist beginner coaches to learn the basic skills of coaching. The online course is available free of charge to Australian coaches (must have an Australian postal address). This is due to a subsidy provided by the Australian Sports Commission to help National Sporting Organisations, as an initiative to encourage beginner coaches to undertake training. A major benefit of the online course is that coaches can complete it in their own time, from the comfort of their home.

Course Program Includes:

- Role of the Coach
- Planning and Reviewing
- Safe Environments
- Coach in Action
- Ready to Play

Course Information:

The course takes approximately 6 hours to complete, and there is assessment included within the course.

How to access the course:

The *Beginning Coaching General Principles* online course is available from the Australian Sports Commission's online learning portal at

<https://learning.ausport.gov.au>

Alternative pathways to course completion:

If due to any reasons you are not able to access online course you should seek alternative approach such as correspondence or face to face learning provided by your nearest National Educational Center. **Or** for more information please contact Coach Education / Officiating Manager via email