



Taekwondo Australia Inc. presents

## Level 0 (Development) Coaching Course

### Pre-requisites:

- Must have a current Taekwondo Australia membership
- Must have achieved the rank of blue belt or higher, and
- Must be 14 years of age or older

### Target Market for the Level 0 training program:

- Beginner Coaches at junior level
- High School Students

### Course Program aims to:

- Promote Development of Coaching within Taekwondo Australia Community
- Provide coaching experience
- Grant 2 years—one time only Assistant Coach Pass

### Course Information:

- The cost of the course (\$66 – GST inclusive) includes all assessments and administration costs.
- For satisfactory completion of the Level 0 award candidates must provide the following:
  1. Beginning Coaching general principles course certificate
  2. Completed and signed supervised practical Coaching Assistant log book (12 hours)
  3. Completed and signed Assistant Coach Code of Ethics

### Competency Statement: The Level 0 (Development) Coaching Course:

Level 0 (Development) - Assistant Coach will be able to:

- Assist to organise Taekwondo facilities required to conduct training session.
- Plan and arrange components of a training session appropriate for a junior or beginner athlete.
- Assist to facilitate learning of Taekwondo fundamental skills and competition tactics.
- Assist and communicate effectively with athletes.
- Evaluate and discuss the achievement of the objectives of the training session with Mentor Coach.

Successful candidates will receive the Level 0 (Development) - Coach Assistants card ( valid for 2 years — one time only) and will be eligible to assist accredited TA Coach in warm up area at all sanctioned Taekwondo Australia events. They also are entitled to receive discounts on various workshops and publications promoted through the Taekwondo Australia Coach Accreditation Board.